

Are you ready to try something NEW?

Welcome to a world of colour, creativity and community. In the pages that follow, you'll find a vibrant and diverse range of short courses that will build your skills, engage your brain and introduce you to a whole new group of people who love doing the same things you do. We hope you can join us.

This guide showcases the courses we have on offer.

For further information and to enrol head to citsolutions.edu.au/shortcourses

CONTACT US

- **Q** 02 6207 4441
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- citsolutions.edu.au/shortcourses

VISIT OUR OFFICE

Centre for Short Courses CIT Solutions Building J, Vowels Crescent Canberra Institute of Technology Bruce ACT 2617





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Creative arts and crafts

Is your life lacking a little sparkle and creativity lately? We can't think of a better way to bring some much needed colour and texture into your days than with one of our daytime or evening workshops.



CRAFT & DESIGN

Chainmail Jewellery for Beginners

Create your own beautiful, beaded chainmail. You will learn how to open, close, and weave jump rings and add beads to create stunning modern jewellery or designs from this ancient art form.

Kerry Neale \$150
1 session CIT Bruce

Sat 29 Oct (10am-3pm)

Chainmail Jewellery for Continuing Students

Continuing from the chainmail for beginners course, students will learn new weaving techniques for jump rings and how to make more intricate designs. You will need prior experience before enrolling in this class.

Kerry Neale \$150

1 session CIT Bruce

Sat 26 Nov (10am-3pm)

Kumihimo for Continuing Students

Continue exploring this ancient form of braiding cords, to create a beautiful contemporary bracelet or necklace.

Kerry Neale

\$150

1 session

CIT Bruce

Sat 3 Dec (10am-3pm)

Make Your Own Macrame Plant Hanger

This relaxing half day workshop will teach you the basic knots used in macrame and then use the techniques to make a lovely plant hanger to take home. Why not pair the course with Make Your Own Terrarium and make a day of it?

Annette Boyd \$90

1 session CIT Bruce

Sat 12 Nov (9.30am-12.30pm)

Cyanotype Dying Workshop

During the two-day workshop you will use light sensitive solutions, natural material and objects to dye fabrics with the help of the sun.

Pinal Minar \$200 2 sessions CIT Bruce

Sat 3-10 Dec (10am-12pm)

Kokedama

A beautiful addition to any room and a wonderful gift, Japanese moss balls are the latest word in living decor and are easy to care for. Learn how to make your own Kokedama in this hands-on workshop.

Annette Boyd \$90 1 session CIT Bruce

Sat 12 Nov (1pm-4pm)

Kumihimo for Beginners

In this one-day workshop, explore this ancient form of braiding cords, and discover how to add beads to the process to create a beautiful contemporary bracelet or necklace.

Kerry Neale \$150 1 session CIT Bruce

Sat 5 Nov (10am-3pm)

Soap Making

Is your skin tired of harsh commercial soaps? Learn to make and decorate your own cold process soap using natural and easy to find ingredients.

Ilaria Catizone \$120

1 session CIT Bruce

Sat 29 Oct (10am-1pm)

WORKSHOPS WITH Lex Sorrentino

Lex Sorrentino is a mixed media sculptor who creates vibrant polymer clay beads, wall hangings, PMC silver jewellery along with fantastical and whimsical sculptures. Join Lex on a creative journey where the only limit is your imagination.



In this workshop you'll work with a two-part Apoxie sculpt to create two fun bush chooks. After being painted and sealed, they'll find a happy home in your garden.

Lex Sorrentino\$2401 sessionOxley Studio

Sun 9 Oct (10am-5pm)

Nomad Garden Sculpture

Create a vibrant outdoor sculpture, building on an armature with clay and weather proofed fabrics.

Lex Sorrentino \$190 1 session Oxlev Studio

Sun 16 Oct (10am-5pm)

Freeform PMC Silver

Learn how to mould, dry and polish silver clay to create a pendant or earrings of your own design.

Lex Sorrentino \$180

session Oxley Studio

Sun 13 Nov (12.30pm-4.30pm)



Polymer Clay Beads or Vessels Workshop

Create your own beautiful polymer clay bead jewellery in this one-day workshop. You will learn how to mix and roll versatile polymer clays to create vibrant beads which can then be turned in a necklace or earrings.

Lex Sorrentino \$190

1 session Oxley Studio

Sun 27 Nov (10am-5pm)

Cheetah Sculpture

Create an antique-style cheetah sculpture in this 1.5 day workshop. You'll learn how to make an armature, sculpt your horse with air-dry clay then paint and add patina to age your work.

Lex Sorrentino \$285

2 sessions Oxley Studio

Sat 10 Dec (2pm-5pm) Sun 11 Dec (2pm-5pm)

PAINTING & DRAWING

Painting and Drawing: An Introduction

This course will take students through guided exercises exploring the basic principles of painting and drawing – Line, Shape, Tone, Colour and Design. Practical exercises include tonal painting, colour mixing, colour painting, tonal drawing, line drawing, perspective, and painting with oils.

Dennis Mortimer
8 sessions

\$390 CIT Bruce

Wed 12 Oct-30 Nov (2pm-4.30pm)

Wed 12 Oct-30 Nov (6pm-8.30pm)

Painting and Drawing with Julie-Anne Ure

Learn how to create better visual images through a series of enjoyable and challenging projects. You'll develop an understanding of composition, tone, colour, while using a variety of applications.

Julie-Anne Ure

\$320

7 sessions CIT Bruce

Thu 13 Oct-24 Nov (9.30am-12.00pm)

Paint Your Own Morandi

Following Italian Artist Morandi is great way to approach composition, basic drawing skills and colour theory via the representation of rather simple shapes and plain colours. This exercise won't overwhelm the beginner, it will enable them to focus on achieving colour shades and observing how neighbouring colours influence each other. Suitable for all levels.

Stefanie Schulte

\$350

5 sessions CIT Bruce

Mon 17 Oct-14 Nov (9.30am-12.30pm)

NEEDLECRAFT

Canberra Bird Embroidery

Celebrate Canberra's beautiful native birds by painting with thread using embroidery techniques. This 3-session course will go through all the processes; Starting with a sketch of your favourite Canberra native bird, you will transform this into colour blocks, then learn embroidery techniques to create an intricate and stunning piece.

Pinal Maniar

\$200

3 sessions

CIT Bruce

Wed 2-16 Nov (6pm-8pm)

Woodland Weaving

Over 3 sessions learn how to build your own loom, and weave. During the class you will learn different techniques and how to incorporate beautiful found objects into your artworks, creating lasting memories of not only the class, but of your adventures collecting objects in nature.

Pinal Maniar

\$200

3 sessions

CIT Bruce

Wed 12-26 Oct (6pm-8pm)



SEWING

Sewing - Beginners

For complete beginners, this course will introduce you to basic sewing techniques and give you the skills and confidence to create your very own piece.

Kirstie Russell \$290 5 sessions CLT Bruce

Tue 11 Oct-8 Nov (6pm-8.30pm)

Wed 12 Oct-9 Nov (10am-12:30pm)

Sewing - Skirts and Trousers

In this course you'll learn how to make a simple skirt or pair of trousers based on your own choice of basic pattern and easy to sew fabric. For those with some basic sewing experience.

Catherine Thurstan \$290 sessions 5 Sessions CIT Bruce

Thurs 3 Nov-1 Dec (6pm-8.30pm)



Sewing - Refashion and Repurpose

Don't dump those outdated or unflattering clothes into landfill. This class will show you how you can convert your unworn or vintage clothes into completely new outfits. Good basic sewing skills essential.

Catherine Thurstan \$300

5 sessions CIT Bruce

Mon 31 Oct-28 Nov (6pm-8.30pm)



Expand ~your~ horizons

Explore the history, culture and literature of the world around us.

Close Encounters with 12 NGA Sculptures

We gain a powerful impression of any work of art on our first fresh glimpse. But the longer we spend with it, the more it unveils itself, and we begin to realise what we can make of it. This course gives us the chance to spend 30 minutes examining and debating each of a dozen major and intriguing sculptures in the National Gallery of Australia.

Rov Forward

\$230 6 sessions CIT Bruce

Mon 10 Oct-14 Nov (2pm-4pm)

Become a Fallacy Detective

While we are probably all quick to scorn fallacious arguments when used by others, we may not realise how often we ourselves rely on them, even to the point of living by them. This course unravels what is fallacious and what is not, gives the fallacies names, and trains us in recognising and avoiding them. "You can only find truth with logic if you have already found truth without it" (G.K. Chesterton).

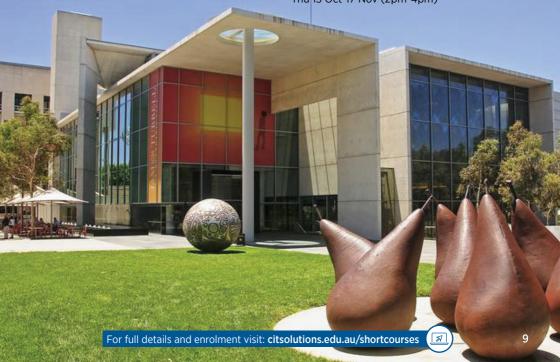
Rov Forward

\$230

6 sessions

CIT Bruce

Thu 13 Oct-17 Nov (2pm-4pm)



LANGUAGES

Modern Languages

Our relaxed, interactive classes lay a language foundation you can build on in years to come.

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Maya Awik\$3308 sessionsCIT Bruce

Tue 11 Oct-29 Nov (6pm-8pm)

Serbian Introduction

Jasmina Gavrilovic-Tarle \$330 8 sessions CIT Bruce

Mon 10 Oct-28 Nov (6pm-8pm)

Arabic Continuing

Maya Awik \$330 8 sessions CIT Bruce Mon 10 Oct-28 Nov (6pm-8pm)

Japanese Continuing

Shun Ikeda \$330 8 Sessions CIT Bruce Mon 10 Oct-28 Nov (6pm-8pm)

French Introduction

Kassem Saikal \$330 8 Sessions CIT Bruce Wed 12 Oct-30 Nov (6pm-8pm)

Spanish for Travellers

Yuri Pacheco \$250 5 Sessions CIT Bruce Tue 18 Oct-15 Nov (6pm-8pm)

Spanish Continuing

Manuel Navarro-Gonzalez \$330 8 Sessions Canberra College Phillip Thu 13 Oct-1 Dec (6pm-8pm)

Spanish Continuing 2

Manuel Navarro-Gonzalez\$3308 SessionsCanberra College PhillipTue 11 Oct-28 Nov (6pm-8pm)

Italian Introduction

Francesca Maugeri \$330 8 Sessions CIT Bruce Mon 10 Oct-28 Nov (6pm-8pm)

Australian Sign Language

Learn the basics of Auslan (Australian Sign Language) using current expressions and emphases. Auslan 1 is for those with no prior knowledge of the language and Auslan 2 is for those who wish to further their basic understanding.

Australian Sign Language 1 (Auslan 1)

Sheree Murray/Brooke Pape \$330 6 sessions CIT Bruce Thu 20 Oct-24 Nov (6pm-8pm) OR Fri 21 Oct-25 Nov (9.30am-11.30am) OR

Australian Sign Language 2 (Auslan 2)

Sheree Murray \$330 6 sessions CIT Bruce Mon 17 Oct-21 Nov (6pm-8pm)



MUSIC

Music Theory for Beginners

Are you struggling with basic music theory? Do you wish you had a way to cover the basics systematically, rather than in bits and pieces while learning your instrument? Learning an instrument can be fun. But getting your head around all the theory can take years unless you dedicate some time to it specifically.

Tony Marziano \$350

8 Sessions CIT Reid

Wed 12 Oct-30 Nov (6.30pm-8.30pm)

Finding Your Voice - Vocal Talent

Have you always thought you had a voice but not known how to 'let it out'? With professional Voice Teacher Fleur Millar, you'll learn singing techniques, how to use your body to maximise your voice and discover tips for audition and performance practice.

Fleur Millar \$325 6 sessions CIT Reid

Wed 12 Oct-16 Nov (6pm-8.30pm)

Guitar for Beginners

Discover the challenges and rewards of playing the guitar in this practical beginners course. You can learn at your own pace and take exercises and songs home to practice. Music is great fun, so come and have a go!

Neil Gray \$300 6 sessions Canberra College, Phillip

Tue 18 Oct-21 Nov (6pm-8pm)

Guitar for Continuing Students

Learn play with confidence! This class is aimed at those students who have just completed the Guitar for Beginners course or who already have basic guitar skills. You'll work on chord structures, finger picking, and rhythm options, allowing you to expand your musical styles.

Neil Gray \$280 6 sessions Canberra College, Phillip Mon 17 Oct-21 Nov (6pm-8pm)



Keeping mind and body together



Building Self-Confidence

This course will teach practical skills that will nourish the growth of your self-confidence and self-esteem, which will enable helping you to become more assertive, more effective in interpersonal relationships and to gain more control of your life.

Karlene Dickens

\$100

1 session

CIT Bruce

Tue 22 Nov (9.30am-1.30pm)

Effective Communication Skills

This practical workshop will teach you the skills and techniques you need to communicate more effectively and assertively, helping you listen with understanding and build more satisfying relationships.

 Karlene Dickens
 \$100

 1 session
 CIT Bruce

 Sat 22 Oct (9.30am-1.30pm)





Samyama Yoga

This course aims to help improve your strength, balance and mobility, energise your body, release tensions and introduce you to mind relaxation techniques.

Christine Boulan-Smit

\$215

7 sessions

Hawker College

Thu 13 Oct-17 Nov (6.30pm-7.45pm)

Good health means listening to our mind and body and working out just what it needs at any given time.

Finding our place in the world, exercising gently, eating well and giving in occasionally to the finer things in life helps keep us balanced.



Tai Chi For All

Enjoy the harmony and peace that gentle exercise can bring. Tai Chi emphasizes soft flowing movements combined with diaphragmatic breathing and good posture, helping promote calmness, strength and good health. All levels welcome.

Jeff Cordiner \$190 8 sessions Woden Valley Uniting Church Tue 11 Oct-29 Nov (6.00pm-7.45pm)

Fishing the South Coast

Key skills and valuable insider tips can make a good day on the beautiful beaches and estuaries of the south coast a great one. Looking at species, baits, location selection, tides, rigs and more. This course will teach you all you need to know to enjoy fishing in the region.

Danny Spelic \$320
4 sessions CIT Bruce
Wed 12 Oct-2 Nov (6pm-9pm)



Fishing Canberra: The 100-pound Cod

This course will cover all you need to know about fishing in the local Canberra area from tackle selection, knots and rigs, baits and lures as well as the best fishing spots in the ACT. Includes some practical time on the water during the course.

Danny Spelic \$320 4 sessions CIT Bruce Mon 10-31 Oct (6pm-9pm)

13

Wine Appreciation

The Mini Series

Taste carefully selected wines that epitomise a region or style. In our mini-series, you will learn how to navigate your way confidently through the wines specific to your class.

Attend one or attend all. Discounts apply for attending 3 or more classes.

\$30 is payable to the tutor on the night of the class to cover the cost of the wines being tasted.

The French Revolution

Michael Tabart \$100 1 session CIT Bruce Mon 10 Oct (6.30pm-8.30pm)

The Spanish Inquisition

Michael Tabart\$1001 sessionCIT BruceMon 17 Oct (6.30pm-8.30pm)

The Italian Connection

Michael Tabart\$1001 sessionCIT BruceMon 24 Oct (6.30pm-8.30pm)

A Brave New World

Michael Tabart \$100 1 session CIT Bruce Mon 31 Oct (6.30pm-8.30pm)

Organic, Preservative Free &/or Biodynamic Wines

Michael Tabart \$100 1 session CIT Bruce Mon 7 Nov (6.30pm-8.30pm)

Fortified Fiesta

Michael Tabart \$100 1 session CIT Bruce Mon 14 Nov (6.30pm-8.30pm)

MONEY & INVESTMENT

Making Superannuation Super

Part of our income every week goes into a superannuation account, but do you really understand how to manage it? Doing something today really can make a lifetime of difference! This comprehensive course will show you what you need to know to make the most of your superannuation savings.

Scott Malcolm \$90

1 session CIT Bruce

Wed 7 Dec (6pm-7.30pm)

Cash Flow - Where does it go?

Do you want to put some good savings habits in place for the future but aren't sure how or where to start? This one-night session will offer practical strategies to help you manage your cash flow, handle personal debt and navigate your way to better financial security through clever planning.

Scott Malcolm \$80

1 session CIT Bruce

Wed 2 Nov (6pm-7.30pm)

Investment for Everyone

Get the low down on investment markets and learn how to get started without having a truck load of money. Financial Planner Scott Malcolm will unpack the investment markets, showing you how they work and adding some tips and traps for new investors looking at the share and property markets.

Scott Malcolm \$100 1 session CLT Bruce

Wed 23 Nov (6pm-8pm)



Upgrade your skills

Adobe InDesign 2

Extend your InDesign skills with this workshop for continuing students. You'll look at elements of good design, advanced text options, working with tables and charts, optimising images, applying gradients and text effects, creating buttons and icons, advanced layout tools, and a whole lot more!

Brad Nichol \$230 CIT Bruce 1 Session

Fri 18 Nov (9.30am-4.30pm)

Adobe Photoshop 2

This intermediate level workshop will show you how to build on your basic Photoshop skills looking at all the selections options, blend modes for layers, ultra precise control of colour, saturation and hue, advanced image sharpening options, image retouching and cloning tools and methods.

Brad Nichol \$230 CIT Bruce 1 session Fri 25 Nov (9.30am-4.30pm)





who have mastered the basics of their DSLR camera and want to learn how to use the array of advanced features available.

Brad Nichol \$230 1 session CIT Bruce

Fri 21 Oct (9.30am-4.30pm)

Smartphone Photography

Learn how to make the most of the sophisticated camera in your smartphone -Apple or Android. This hands-on workshop will show you everything you need to be able to capture, edit and share great images.

Brad Nichol \$230

CIT Bruce 1 session

Fri 4 Nov (9.30am-4.30pm)

Making Great Photobooks

Photobooks are the ideal medium for displaying your holiday or family photos. Learn how to plan your layout and edit your work: how to make sense of the available tools and printing options and most importantly how to get truly professional results.

Brad Nichol \$230 1 session CIT Bruce

Fri 2 Dec (9.30am-4.30pm)

Scanning Slides & Negatives

Digitise your precious slides and negatives before they disappear. Learn about scanning equipment and how to handle problems such as colour correction, fading, dust and spot removal, graininess and correct sizing.

Brad Nichol

1 session CIT Bruce

\$230

Thu 13 Oct (9.30am-4.30pm)





GARDENING & SUSTAINABLE LIVING

Waterwise Gardening

Learn how to keep water costs down and your garden healthy and productive under the most challenging climatic conditions. This course will look at the essential water needs of plants; efficient watering regimes, water saving measures and how to make sensible use of alternative water sources.

Keith Colls\$1101 SessionCIT Bruce

Sat 26 Nov (10am-3pm)

Chicken Keeping Workshop

Chooks not only provide fresh eggs, they are a friendly addition to a backyard and can turn your kitchen scraps into fertilizer. This fun and comprehensive short course is the ideal introduction for anyone looking to keep chickens in a rural or suburban environment.

Ilaria Catizone \$90
1 session Bywong
Sun 20 Nov (10am-1pm)

Employing a House or Pet sitter

Are you considering getting a pet sitter or a house sitter for the holidays? Don't know what you need to look out for or what you need exactly? Join our 2.5 hour session to find out all the fine details of what you should ask for and what you should look out for.

Kristen Holzapfel

\$100

1 Session

CIT Bruce

Wed 23 Nov (6.30pm-9pm)

Becoming a Pet Sitter

Do you love animals and dream of becoming a pet sitter? Learn all the ins and outs of what it takes to become a pet sitter. From insurance to animal handling, the different options you can offer your clients, Kristen has got it covered in this one-day workshop.

Kristen Holzapfel

\$130

1 Session

CIT Bruce

Sat 15 Oct (10am-4pm)

Successful Soils & Potting Mix

Good soil is the key to growing healthy fruit and vegetables. Following organic principles, this course will show you how to manage your soil, whether you are working a garden or using pots and planter boxes.

Keith Colls

\$120

2 sessions Fyshwick, Jerrabomberra Wetlands Sat 15 & 22 Oct (10am-1pm)

Beekeeping with a Flow Hive in the Canberra Region

Specifically designed for those who have or are considering the purchase of a Flow Hive. This course includes both theory and practical (hands on) components working with bees and beehives.

Eric Davies\$3603 sessionsTuggeranongSat 1-15 Oct(9.30am-1.30pm)



HOME IMPROVEMENTS

Brickwork Skills

Gain the confidence and knowledge to undertake those small brickwork projects you've always wanted to do around the home. Two full days of expert tuition and hands-on projects will teach you techniques, tips, and tricks of the trade, including choosing the right bricks, getting your mortar right and working to a string line.

Marko Zarak \$470

2 sessions CIT Bruce

Sat 8 & 15 Oct (8.30am-4.30pm)

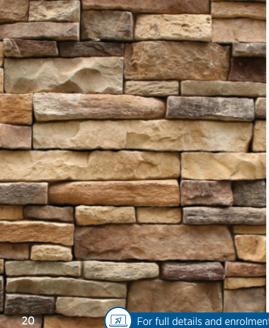
Owner Builders Course

The ideal grounding for the prospective ownerbuilder in the ACT, this course will workshop the building process from the Development Application (DA) through to the Certificate of Occupancy.

Marko Zarak \$575

2 sessions CIT Bruce

Sat 22 & 29 Oct (8.30am-4.30pm)



Stonework Skills

This comprehensive, hands-on course will introduce you to a variety of stone walling techniques, giving you a range of skills that you can adapt to a variety of projects around your home.

Marko Zarak

\$470

2 Sessions

CIT Bruce

Sat 19-26 Nov (8.30am-4.30pm)

Woodworking

This project-based course will introduce you to a range of essential cabinetmaking techniques, using both hand and power tools to create a functional small furniture item.

Tim Foster & Angus Watson

\$560

7 sessions

CIT Bruce

Tue 18 Oct-29 Nov (6pm-9pm) OR Wed 19 Oct-30 Nov (6pm-9pm)

Tiling

Perfect for DIY renovators keen to learn the tricks of the trade. This hands-on course offers an introduction to essential tiling skills for the home handyperson.

Martin Stallard

\$280

1 session

CIT Bruce

Sat 8 Oct (9am-5pm)

Waterproofing and Screeding

This hands-on course combines the two essential skills for any successful DIY home bathroom renovation. You'll learn how to install a waterproof membrane in the bathroom area, and then lay the floor to a gradient suitable to drain into a floor waste.

Martin Stallard \$240

2 Sessions CIT Bruce
Tue 18-25 Oct (6pm-9pm)

For full details and enrolment visit: citsolutions.edu.au/shortcourses



MECHANICS & MOTOR MAINTENANCE

Basic Car Maintenance

Over two short sessions this course will show you the simple things you can do to keep your car running well; how to spot potential problems as they arise and how to talk to your mechanic and get what you need from a car service.

Robert Sharp \$115 2 sessions CIT Fyshwick

18 Oct-8 Nov (6pm-7.30pm)

Bicycle Maintenance Workshop

This comprehensive course will show you how to make basic adjustments and repairs to your bike including brakes and gears, wheels and spokes, puncture repairs and much more.

Stuart Bardsley \$260 2 sessions CIT Bruce

Sat 12 & 19 Nov (9.30am-3pm)

Motorcycle Maintenance

Led by an experienced bike rider and automotive specialist, this course will teach you how to perform the essential maintenance tasks needed to keep your bike running smoothly. You'll pick up tips and techniques which will give you the confidence to trouble shoot under any circumstances.

Robert Sharp\$3754 sessionsCIT Fyshwick

Tue 15 Nov-6 Dec (6pm-9pm)

Reversing Your Caravan or Trailer

Make reversing your caravan or trailer easy and safe by learning the simple secrets to making it go the right way every time. You'll learn about weight ratios, basic maintenance and of course how to use your mirrors.

Waine Summerfield \$120
1 session CIT Bruce
Sat 12 Nov (10am-3pm)

Caravans, Campers and RV's: A Practical Guide

Don't make an expensive mistake. Choosing the right camper, van or RV for your needs and understanding what tow vehicle you require is the key to trouble free travelling. This course looks at the available options, assessing the merits of each against your needs. We also cover the practical details to take into consideration for any long journey.

Waine Summerfield

\$150

1 session

CIT Bruce

Sat 15 Oct (9.30am-4.30pm)



Welding Workshops

These 4-day workshops will equip you with the basic knowledge and practical skills for welding with MIG/ARC or MIG/TIG welding processes giving you the confidence to tackle your home or auto welding projects.

Cody Puckett, David Broe or Paul Brough \$630 4 sessions CIT Fyshwick Mon 17 Oct-7 Nov (5:30pm-9:30pm) OR Tue 18 Oct-8 Nov (5:30pm-9:30pm) OR Sat 22 Oct-12 Nov 2022 (8am-12pm)

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Ready to enrol?

The easiest way is through our website: citsolutions.edu.au/shortcourses

OR

Visit our office

Monday to Friday, 9am – 5pm Building J, Vowels Crescent, Canberra Institute of Technology, Bruce ACT 2617

SHORT COURSES GT SOLUTIONS

READY TO ENROL?

citsolutions.edu.au/shortcourses

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Every effort has been made to ensure the information contained in this publication is accurate and current as of September 2022. For the most up-to-date information please refer to our website citsolutions.edu.au/shortcourses.

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